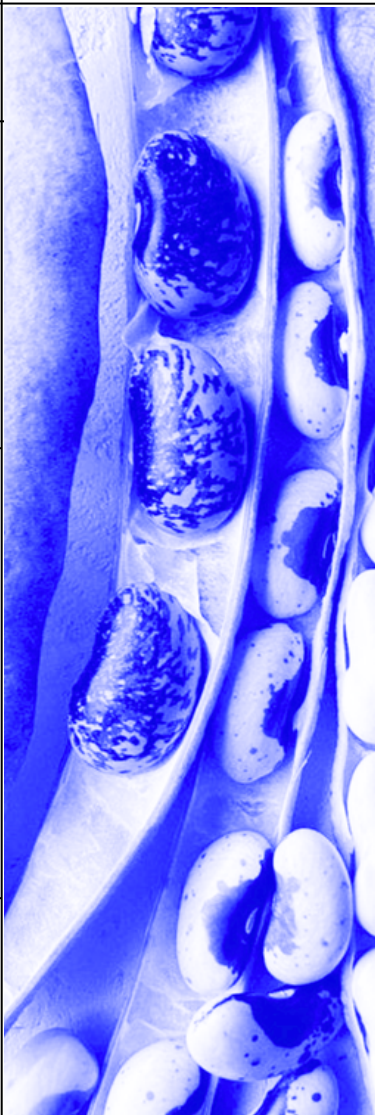


Seed Academy Program

Fokhol Gård 15-18 October, 2026

Nordic Seed Alliance Youth

	Thursday Welcome	Friday Seed Breeding	Saturday Politics & Organizing	Sunday Closing	
07:00		<i>Activity</i> Yoga/Early bird activity	<i>Activity</i> Yoga/Early bird activity	<i>Activity</i> Yoga/Early bird activity	
08:00		Breakfast <i>(pack lunch box)</i>	Breakfast	Breakfast <i>(pack lunch box)</i>	
09:00		<i>Seed breeding</i> Visiting Solhatt 10:15-13:15	<i>Talk</i> Politics of seeds + sociocracy	Room check out	
10:00			<i>Open space</i> Building NSAY	<i>Activity</i> Seed swapping	
11:00				<i>Feedback</i> Reflections	
12:00				<i>Harvest</i> Closing ritual	
13:00	Lunch	Lunch	Departure <i>Spread the seeds</i>		
14:00	Arrivals + check in <i>(14:00-16:00)</i>	<i>Walking back to Fokhol</i>	<i>Talk/workshop</i> Purpose to practise		
15:00		<i>Workshop</i> Andrew McMillion (KVANN)	<i>Open space</i> Make your own NSAY project		
16:00	<i>Sowing the seed</i> Welcome ritual				
17:00	<i>Talk</i> NSA + NSAY				
18:00	Dinner +	Dinner +			
19:00	Break	Break			
20:00	<i>Activity</i> Evening walk	<i>Movie</i> Den Levende Løsning			<i>Activity</i> Folk dance
21:00	<i>Activity</i> Bonfire + common singing				
22:00					
23:00					